



Ballard

COMMUNITY CENTER



Fall 2006

Class registration begins on
Aug 14, 2006

Classes begin on Sep 18, 2006
(unless otherwise noted)

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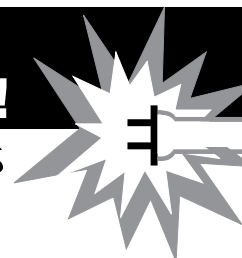
Ballard Community Center ♦ 6020 28th Avenue NW ♦ Seattle WA 98107
Center: 206-684-4093 ♦ Fax (new): 206-684-7199

Ballard Pool ♦ 1471 NW 67th St ♦ Seattle, WA 98117 ♦ 206-684-4094
Pool will be closed until November 2006 (call community center for information)



REGISTER ONLINE · it's easy!

www.seattle.gov/parks



SPARC

Ballard Community Center

6020 28th Ave NW

Seattle, WA 98107

Phone: 206-684-4093 Fax: 206-684-7199



Visit us online at www.seattle.gov/parks!

Hours of operation

Mon, Wed, & Fri 11 a.m. – 9 p.m.

Tues & Thurs 1 – 9 p.m.

Saturday (Beginning Sep 9) 10 a.m. – 5 p.m.

Program dates

Classes begin the week of Sep 14 unless otherwise posted.

Holiday closures

Mon, Sep 4, Labor Day

Fri, Nov 10, Veterans' Day

Thur and Fri, Nov 23 and 24, Thanksgiving

Mon, Dec 25, Christmas

Mon, Jan 1, New Years

Program registration, Aug 14 or until class is full

1. **Register online** by going to www.seattle.gov/parks
2. **Phone-in**, 206-684-4093. We'll pick up voice mail messages frequently and call you back. Please be clear and specific with your class request.
3. **Walk-in**: Walk-in during public hours of operation.

Mission

Seattle Parks and Recreation will work with all citizens to be good stewards of our environment, and to provide safe and welcoming opportunities to play, learn, contemplate, and build community.

Scholarships

Our Advisory Council wants to ensure that our activities, classes and sports are available to everyone, regardless of their ability to pay. The Council may choose to offer scholarships for qualified applicants. To apply for a scholarship, please talk to a member of our staff.

Rentals

For information about room rentals, please view our facility rental brochure (www.seattle.gov/parks/reservations/facrentalguide.htm).

Professional Staff

Ken Bounds, *Superintendent*

B. J. Brooks, *Deputy Superintendent*

Christopher Williams, *Operations Director*

Maureen A. O'Neill, *North Recreation Manager*

David Gilberts, *North Sr Recreation Coordinator*

Michael Yasutake, *Center Coordinator*

Robert Wilkens, *Asst Center Coordinator*

Lakema Bell, *Teen Development Leader*

Elaine Dunn, *Recreation Attendant*

Sean O'Feery, *Child Care Director*

Anthony Robinson, *Building Maintenance*

You can now register for most classes online!

To get started, you need to:

1. Come into the Community Center and get your barcode and PIN. You will need to provide us with a picture ID to obtain this information.
2. Go to <http://www.seattle.gov/parks> and follow the directions to register.

Payment

You can pay for classes and other activities by mail, in person during regular facility hours, or by telephone with a credit card. We accept Visa, MasterCard and American Express.

Please make checks and money orders out to CITY OF SEATTLE. Please Note: Payment is due when you register, unless we have indicated otherwise. If your check is returned for insufficient funds, your registration will be cancelled until you pay the amount due, plus a \$20 fee. (Credit card or cash only.) You may also pay for many classes online; visit www.seattle.gov/parks.

Refunds

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

- Anyone who registers for a class, camp, special event or program that is cancelled for any reason by Parks and Recreation or the Advisory Council will receive a full refund.
- Anyone who registers for a day camp, trip, overnight camp, special event, or facility rental, and who requests a refund 14 days or more before its start (or before the second session of a class), may receive a refund minus a service charge.
- Anyone who registers for a day camp, trip, overnight camp, special event, or facility rental, and who withdraws from the activity fewer than 14 days before its start (or after the second session of a class), will receive no refund.
- Please read the entire policy, #7.16, for specific information.



Special Events

Ballard CC Neighborhood Picnic – Free

Come on down and enjoy a great afternoon with your rec center neighbors. The Ballard Community Center Advisory Council is offering a free hot dog dinner as well as music from the Friday Night Jazz Jam program, plus a bouncy toy for the kiddos.

Also, Rec Center teachers will be available to meet, greet, and talk about their classes in Yoga, Aerobics, Pre-school, after-school, pottery & clay, 4-H Club, and teen programming.

Stop in after work for a dog 'n chips!

Fri, Sep 1

4 – 6 p.m.



Swing Dance Workshop

Instructors: Andrew Lum and Michelle Carman

This workshop is an introduction to Swing Dancing. In the workshop you will learn a little history of swing dancing, basics steps and the various styles of swing. The workshop is taught by Mr. Andrew Lum and his partner Ms. Michelle Carman who both teach professionally and compete in dance contests regionally and nationally. The workshop price includes a dance after the workshop. Wear comfortable clothes and shoes. Bring a friend and have some FUN!

Saturday, Sep 16

2 – 4 p.m.

Fee: \$20.00 per person or \$35 per couple

A Swing Dance! \$10/per person*

Come to Ballard Community Center and enjoy an evening of swing dancing. Everyone welcome. There will be a Swing Dance Workshop held prior to the dance itself to teach basic steps and increase your enjoyment (pre-registration for the workshop please).

Sep 16 4:30 – 6:30 p.m.

Location: Captain Ballard Room

***No charge if you enrolled in the workshop**

Flea Market \$10/table

Gather your things and take a table for the Annual Fall 4-H Flea Market at Ballard Community Center. Tables (30" x 60") are \$10.00 each. As a shopper, you are invited to shop and buy cool stuff from 10 a.m. to 3:30 p.m.

Ballard Community Center is located at 6020 28th Ave NW 98107. Call for more information or to reserve your tables, 206-684-4093. (p.s. The Huskies are out of town in Arizona...the Cougars are also out of town)

#11494 Sat, Sep 30 10 a.m. – 3:30 p.m.

Fees: Free admission; tables are \$10 each

**Fall Annual
4-H Flea Market**

Halloween Carnival

Traditional community carnival with lots of themed game booths loaded with prizes. Dress up in your favorite Halloween costume and have a spooktacular time! Ballard CC welcomes Loyal Heights CC in a combined carnival. Tickets are \$.25, 5/\$1.00 etc.

Be sure to bring a bag for all of your goodies! Popcorn will be sold for 25 cents a bag. Volunteers needed (high school community service hours !!).

Age: 10 and under

6 – 8 p.m.

Oct 27

Fees: game tickets \$.25 each

Location: Ballard CC Gym



Dinner and a Movie

All your favorite movies and new releases, plus dinner! (The Jazz Jam happens on these same nights)

Ballard Community Center has a new 12' wide screen to broadcast free movies. Dinner and drink plus "all-you-can-eat" popcorn! Call in advance for the menu and movie of the night: 206-684-7430.

Fri, Sep 22, Oct 20, Nov 17

6:30 – 8 p.m.

Dinner: \$3 person or \$10 per family

Movie: Free

Parents' Night Out

\$15/\$10*

Every parent deserves a night away from the children they love. So get up and get an evening away! Bring those kids aged 5-11 to Ballard Rec Center and we'll keep track of them for the evening! Dinner, movies, games, playtime and more! Pre-registration is required. Immunization record & emergency form also required. 206-684-4093 for more info.

Ages 5 – 11

Location: Captain Ballard Room

#11399

Fri, Oct 13

6 – 8:30 p.m.*

#11398

Fri, Sep 15

6 – 8:30 p.m.*

#11400

Fri, Nov 3

6 – 8:30 p.m.*

#11401

Fri, Dec 8

6 – 8:30 p.m.*

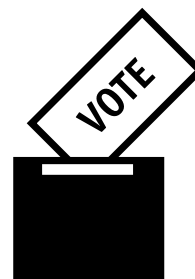
***Second Child – \$10**

Elections at Ballard Community Center

Ballard Community Center hosts local & national elections in the Captain Ballard room. Polls operate from

7 a.m. – 8 p.m.

Vote on September 19 and November 7.



Adult Aerobics

Aerobics - Morning Workout

9:30 a.m. is mid-morning for some, early for others! Whichever it is, it is a great time for your regular morning workout. Katie's exercise regime is addictive! Once you start, you won't want to miss any sessions.

Your flexibility and balance will improve; you'll tighten muscle tone and lose weight; you'll learn about exercise nutrition; you'll meet some dedicated fellow participants who will encourage you...all by attending one class, 2 to 3 times a week!

Katie blends a variety of movements in order to provide cardiovascular exercise and strength training to burn fat and tone muscle.

Great fun for all fitness levels. You will positively change and improve your physical fitness and body shape.

Katie Franklin has taught the aerobic workout program for Seattle Parks and Recreation for more than four years. She maintains top notch routines and up-to-date exercises by networking in the aerobics community.

Join us for a free introductory class!

Babysitting available for participants during this class.

No class Mon Sep 4, Fri Nov 10, Fri Nov 24, Mon Dec 25

Instructor: Katie Franklin

M/W/F

Sep 6 – Dec 29

Location: Captain Ballard Room

Fees: See punch card prices



Aerobic Exercise - evening

Choose an aerobic and strengthening workout in a convenient location--your Seattle Parks and Recreation. Ballard Community Center offers an exercise program that will easily enhance your quality of life!

Your flexibility and balance will improve; you'll tighten muscle tone and lose weight; you'll learn about exercise nutrition; you'll meet some dedicated fellow participants who will encourage you.; it won't cost huge monthly rates like the clubs...all from one class, two nights a week!

Ideal for all fitness levels or previous exercise class experience. Its co-ed: pals and significant others are encouraged to attend.

Bonnie Lochner, a certified aerobics instructor, has taught a variety of exercise programs throughout Seattle for several years. Join her and take an introductory class free!

No class: Mon, Sep 4; Mon, Dec 25

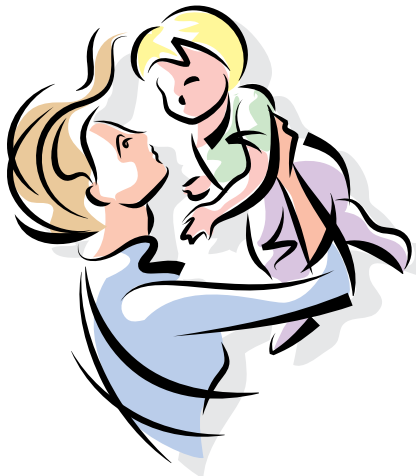
Instructor: Bonnie Lochner

Location: Captain Ballard Room

Mon/Wed Sep 6 – Dec 27 9:30 – 10:30 a.m.



Punch Card System	
10 visits	\$45.00
20 visits	\$80.00
30 visits	\$110.00



Aerobics Babysitting — Morning

Toddlers and preschooler now have a place to go when you exercise in the Ballard CC morning Aerobics class.

Two hired adults will watch your precious child in the Toddler Play Room. Please change and feed the babies at home to ensure a better time for all participants.

Sign in each day, your punch card will be punched by staff.

Age: Toddlers to Preschoolers

MWF

Sep 6 – Dec 29

Fees: Punch Card: 10 uses, \$30.00

\$2.00 each additional child

Location: Toddler Play Room

Yoga and Adult Drop In Sports

Yoga: Increase Energy, Reduce Stress

Join this course and come away energized each day. Develop core strength, flexibility, and a quiet mind through viniyoga (flowing breath and movement). Instructor, Tracy Zitnik, has taught viniyoga for over 10 years and studied at the Krishnamacharya Yoga Mandiram in Chennai, India.



Instructor: Tracy Zitnik

Ages 15 and older

Location: Captain Ballard Room

Beginning Yoga **\$45**

In this beginning course, you will learn the basics of yoga postures (asana), breath, and philosophy in a fun and creative environment.

This course is designed to welcome brand new yoga participants as well as those re-starting the practice. Please try your first day free.

#11190 Tue	7:45 – 8:30 p.m.	9/19 – 10/31
#11192 Tue	7:45 – 8:30 p.m.	11/7 – 12/19

Yoga-Cont **\$60**

This is an intermediate course for continuing participants. Deepen your yoga practice and develop the confidence, strength, and flexibility that come with self-awareness. This course is designed to help you create a home practice. The pace is set to build upon your existing yoga experience. Please try your first class free.

#11193 Tue	6:30 – 7:30 p.m.	9/19 – 10/31
#11195 Tue	6:30 – 7:30 p.m.	11/7 – 12/19

Netball

Netball is one of the most popular sports out of the United States. Here's your chance to try it out. Drop in and give it a go, mate! Played in the gym with a small-sized basketball where the net is alone atop a pole...picture using similar rules to ultimate frisbee and you've got the game!

Instruction included, no experience necessary. No netball Nov 23

Thursdays 7 – 8 p.m. Sep 7 – Nov 16

Fees: \$2.00 per player

Location: Ballard CC Gym

Instruction included, no experience necessary.

Thursdays 8 – 9 p.m. Nov 30 – Dec 28

Fees: \$2.00 per player

Badminton

Drop-in Badminton on two courts. Equipment provided. One of the world's most popular sports, this is a fun, (and humbling) sport.

Call Ballard CC for more information, 684-4093.

Mondays 7 – 8:45 p.m. Sep 11 – Nov 20
Fees: \$2.00 per person

Adult Basketball **\$2**

Bring some buddies and drop into Ballard Community Center on Wednesday nights for a run on the court or just shoot a bunch of free throws! Program ends November 22.

Wednesdays 7 – 8:45 p.m. Sep 6 – Nov 22
Location: Ballard CC gym

***Drop in may be preempted due to community center programs.**

Volleyball

Tuesday night at Ballard Community Center is the place for drop-in volleyball. Open to 30 players of all skill levels on two courts, you just have to call your own goofs.

This is a relaxing evening of volleyball, plus we pick and mix up the teams randomly to add sociability!

Registration begins at 6:30 p.m., gym opens at 7:00 p.m. for the 30 players.

Adult Drop-in volleyball.

Age: Adults

Tuesdays 7 – 8:45 p.m. Sep 12 – Nov 21

Fees: \$2.00 per person

Location: Gymnasium

Tuesdays 8 – 10 p.m. Nov 28 – Dec 26

Fees: \$2.00 per person

Juggling

Jugglers of the northwest unite on Monday evenings at Ballard Community Center. Half the gym is devoted to flights of skill and crashes of test piloting! Basically, here's a place with high ceilings (and no table lamps) to practice and watch others perform. No swords, bowling balls, diapers, sloppy food or other floor-damaging items should be juggled in the gym.

This is not a class, though "instructions" are sometimes given! Registration begins at 6:45 p.m.; juggling begins at 7:05 p.m. Call a few coordinated buddies and perform away! 684-4093 for other information.

Universal Juggling etiquette required at all times!

No juggling Mon Sep 4.

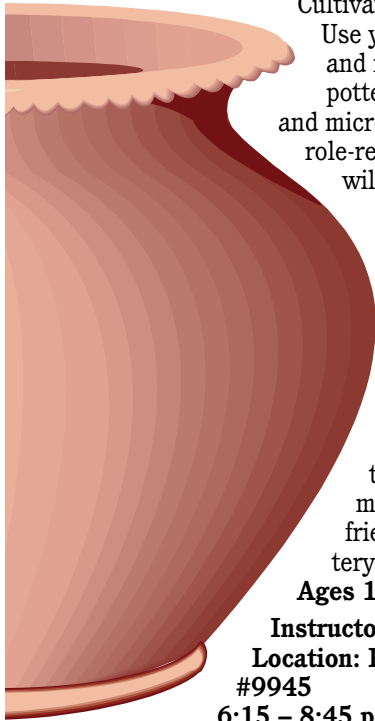
Mondays 7 – 8:45 p.m. Sep 11 – Nov 20

Fees: \$2.00 per juggler

Pottery

Continuing Pottery

\$145



Cultivate your creative mind. Use your precious free time and make real, functioning pottery pieces. Dishwasher and microwave safe! Casse-
role-ready. In 8 weeks you will have thrown, coiled, or slab-constructed several art pieces. You finish with a very personal sense of accomplishment by trimming, firing, and glazing your art piece. Take this course with a friend to increase the enjoyment or come alone to a friendly full-service pottery studio.

Ages 15 and older

Instructor: Andrea Hays

Location: Pottery Room

#9945

6:15 – 8:45 p.m.

Tue

9/19 – 11/7

Introduction to Pottery

\$145

Clay is an exciting material to work with because it is directly responsive to your hands--the artist. The NEW artist. Try your hand at a variety of pottery-making techniques including wheel throwing, hand building, coiling, slab work, molding, tile making, and clay extrusion. Matt will guide you through it all: make it, trim it, fire it, etch it, texture it, and finally glaze it. Instruction is tailored to your interests and focuses on the dynamics of working with clay. There is ample time for you to learn skills, practice, blow it and start over, and then succeed in creating pieces that you had only previously imagined possible! Matt Cantrell has a broad knowledge of pottery techniques and enjoys helping new adult students to the relaxing hobby & craft of pottery. His teaching style works to draw out the best in your newfound skills so that you can create objects that are beautiful, unique and useful.

Ages 15 and older

Instructor: Matt Cantrell

Location: Pottery Room

#9944 Wed 6:15 – 8:45 p.m.

9/20 – 11/8

Family Pottery

Ages 2 and older

"The family that clays together stays together." Its an old Ballard artist saying. Due to popular demand, Andrea Hays has started this new class which allows you and your child to create together-equally-and make bowls, vases, and other useable things that are microwaveable, oven proof, and dishwasher safe! Typically, parents do the tough detail tasks while kiddos finish off the master-pieces. Minimum age is kindergarten and has proven to be a great bonding activity for parents and pre-teens.

Second child 25% off.

Location: Pottery Room

#11393 Mon 5:30 – 8 p.m.

9/18 – 11/6

Activity Fee: \$115

Holiday Pottery Creations

\$75

Four weeks – just enough holiday season time to make, fire, trim, glaze, and package fantastic creations for loved ones! As a continuing student, imagine the delight when you give a special casserole dish, a monogrammed plate. You will surprise yourself with how much you can accomplish. Oven tempered, microwaveable, and dishwasher safe materials used. Register early to hold your spot. New beginners in this class please.

Ages 13 and older

Location: Pottery Room

#11394 Wed 6:15 – 8:45 p.m.

11/15 – 12/6

Ballard Pottery Studio

Ballard Community Center does not offer an "open studio."

Participants who are currently registered in Ballard Community Center classes may practice in the pottery studio when it is not scheduled for other activities. General studio times to be posted in the studio, but not guaranteed.

Age: Adults

Sep 11 – Dec 30

Location: Pottery Studio



Performing Arts & Dance

Piano, Guitar, or Singing Lessons

\$140

Change your world, take lessons on the piano or guitar and make your family or yourself happy. Turn those squeaky chords you've been playing into riffs of pleasant melody (again, make your family happy).

Bruce will teach you according to your ability on piano, clarinet, bass guitar, blues harp, drums, or voice! He invites you to discover (or RE-discover) what you like about music.

Local professional artist Bruce Howard brings his teaching expertise and deep music history knowledge to Seattle Parks and Recreation. Conversations with Bruce will be just as enlightening as the lesson!

Owning a keyboard/piano is helpful; singers will need access to a tape player. Call 684-4093 to register for private 30 minute weekly sessions. Call Bruce for specific class times and special needs, 789-8900.

Instructor: Bruce Howard

Location: Kids Room

Ages 4 and older

#11259 Mon 3:30 – 8 p.m. 9/11 – 10/23

#11260 Mon 3:30 – 8 p.m. 10/30 – 12/11

Seattle Civic Band

The Seattle Civic Band is an intergenerational community band composed of wind, percussion, and brass instrumentalists. It was founded in 1989, shortly after the opening to the Ballard Community Center.

The Civic Band presents concerts throughout the Puget Sound area, playing a repertoire of light classical, popular Broadway and march tunes. The band is actively seeking new members in all sections. No auditions are required, and players of all levels and ability are welcome.

A quarterly fee from each member covers registration and music expenses. Call 282-5471 for more information.

Instructor: Jo-Ann Christen

Thursdays 7:15 – 9 p.m. Sep 14 – Dec 21

Location: Captain Ballard Room



Friday Jazz Jam

Come join us at the Ballard Community Center for a once a month jam session. Dates: Sep 22, Oct 20, Nov 17, & Dec 15. At the monthly jam sessions we will work on Jazz standards with a special emphasis on group interaction, communication and improvisation. This is an intergenerational activity and all ages are welcome. Requirements: have own instrument, some ability to read music and the desire to learn and share with others. A piano is available. The fees collected are for all four jam sessions and help cover supply costs. Call the community center, (206) 684-4093 for more information.

Ages 12 and older

Location: Captain Ballard Room

#11205 Fri 7 – 9 p.m. 9/22 – 12/15

Adult Fee: \$10

Yth/Sr Fee: \$5



Toddlers

ABC/123

\$220/month

Are you ready to play and learn all at the same time? If the answer is yes then come and join us for a fun filled time of learning our ABC's and 123's. We will have a writing calendar, singing, playing, exploring, plus much, much more.

Class age (4 & 5) by Sept 1, 2006. This class follows the Seattle School District calendar. Activity fees are spread through the entire nine month program from September to June. Fees must be paid in advance of class and you may pay by the quarter or by the month.

No Classes 12/25/06

Ages 4 – 5

Location: Kids Room



M/W/F from 9:30 a.m. – 12:30 p.m.

#8247	9/11 – 9/29	#8250	11/1 – 11/29
#8249	10/2 – 10/30	#9959	12/1 – 12/29

Fun with Friends

\$150

Ages 3 – 3

Make lasting friendships while learning. We will be doing circle time, show 'n' tell, puzzles, games, songs, art, gym, and much more! So come and join us, and lets have fun! Class age, 3, by Sept 1, 2006.



This class follows the Seattle School District calendar. Activity fees are spread through the entire nine month program from September to June. Fees must be paid in advance of class and you may pay by the quarter or by the month.

Location: Kids Room

Tu/Th from 9:30 a.m. – 12:30 p.m.

#8265	9/12 – 9/28	#8267	11/2 – 11/30
#8266	10/3 – 10/31	#11402	12/5 – 1/4

No Program 11/23/06

Toddler Play Room

Drop in and play with your child with big soft toys, plastic climbers, kitchens, blocks, and other fun things. Meet YOUR friends and relax, rain or shine. Parents must stay with and supervise their children. No eating or drinking in the room please.

The Toddler Play Room is always open during public open hours. It is not available for reservations or rentals.

\$2.00 per family per day. Health Dept mandate: Please take away those changed diapers with you.

Closed Mon Sep 4, Fri Nov 10 9:30 a.m. – 10:30 p.m. 6:30 – 7:30 p.m., Thu & Fri Nov 23 & 24, Mon Dec 25.

Instructor: Parental Supervision

Age: Toddlers

Saturdays Sep 5 – Dec 30

Fees: beginning Sep 9

Location: Toddler Play Room

MWF 11 a.m. – 8 p.m.

Tue/Thu

Sep 5 – Dec 30

Sep 5 – Dec 30



Toddler Gym Time

This is the best entertainment in town for a mom, dad, grandparent, or sitter-a gym for your toddler to run, ride, and socialize with other toddlers. Bikes, balls, mats, and other toys provided. Meet YOUR friends and relax rain or shine. Parents must stay with and supervise their children. No eating or drinking in the gym please.

\$2.00 per family per day. Health Dept mandate: Please take those changed diapers away with you.

Closed: Mon Sep 4, Fri Nov 10 10 a.m. – 4 p.m. 1 – 8 p.m., Fri Nov 24, Mon Dec 25.

MWF Sep 6 – Dec 29

Fees: \$2.00 per family also includes Toddler Play Room

Location: Gymnasium



Childrens Youth Art and Music

Youth Sculpture ★ NEW ★ \$75

As the fall season begins, so go the long dog days of summer. Come join local artist and community center counselor Andy Miller each Thursday evening for the introduction into the art of sculpture.

Come experience a ball of clay get transformed into unique and wonderful forms of art through the eyes of our Ballard youth. No wheel work. Clay, tools, glazes, and firing included in price of class.

Instructor: Andy Miller

Age: 8 to 12 year olds

Thursdays

5:30 – 7 p.m.

Nov

2 – Dec 7

#11460

Session 1

9/28 – 10/26

#11462

Session 2

11/2 – 12/7

No class: Nov 23



Piano, Guitar, or Singing Lessons \$140

Change your world, take lessons on the piano or guitar and make your family or yourself happy. Turn those squeaky chords you've been playing into riffs of pleasant melody (again, make your family happy).

Bruce will teach you according to your ability on piano, clarinet, bass guitar, blues harp, drums, or voice! He invites you to discover (or RE-discover) what you like about music.

Local professional artist Bruce Howard brings his teaching expertise and deep music history knowledge to Seattle Parks and Recreation. Conversations with Bruce will be just as enlightening as the lesson!

Owning a keyboard/piano is helpful; singers will need access to a tape player. Call 684-4093 to register for private 30 minute weekly sessions. Call Bruce for specific class times and special needs, 789-8900.

Instructor: Bruce Howard

Location: Kids Room

Ages 4 and older

Mondays

#11259

Session 1

3:30 – 8 p.m.

#11260

Session 2

9/11 – 10/23

10/30 – 12/11

Kids Clay Phenomenon \$65

Your child will learn to make small sculptures, magnets, wind chimes, beads and more... things they don't make in school! Afterschool creativity for children to explore art and their imagination. We'll use molds and hand-building techniques to make cups and bowls you can really use. Children come away from class feeling stronger about themselves and their ability to engage in creating real things! NO wheel work. Dress for MESSY fun! Andrea Hays has taught for many years and thrives on culturing the expressive side of people who try pottery through lots of encouragement, many tricks of the art, and professional instruction.

Instructor: Andrea Hays

Ages 5 – 8

Location: Pottery Room

Tuesdays

#9946

Session 1

4:30 – 6 p.m.

#9947

Session 2

9/19 – 10/24

11/7 – 12/5



Childcare – Before / After School

Before and After School Care

The Ballard Community Center Before & After School programs offer child-friendly care that is easy for working parents of kindergarten – 5th graders. There's so much to do and so little time – games, cooking, playing, reading, art, crafts, sports, music, dance, computers, ball fields, playgrounds, special visitors, special interest groups, and field trips – WOW! This program is a fully-licensed DSHS site which provides for the highest quality time away from school or home. Most children attend Adams, West Woodland, Whittier, Salmon Bay, or Loyal Heights schools.

Registration forms, including immunizations, can be picked up at Ballard Community Center any time. Program fees are based on the entire school year and spread out evenly to each month. Payment of monthly activity fees is required prior to every month.

Register now for the 2006-'07 School Year.

Ages 5 – 11

Location: Captain Ballard Room

No program: Fri, Nov 10; Thu, Nov 23; Fri, Nov 24; Dec 18-11; Dec 25-29

Monthly Fees

	Before School Care	After School Care
Mon – Fri	7 – 9 a.m.	3 – 6 p.m.
5 days/wk	\$160	\$245
add'l child	\$150	\$235
4 days/wk	\$145	\$230
3 days/wk	\$120	\$190
2 days/wk	\$95	\$135
1 day/wk	\$50	\$85

Registration Codes

Barcode	Before School Care	After School Care
September 9/6 – 9/29	#8251	#8256
October 10/2 – 10/31	#8252	#8257
November 11/1 – 11/30	#8253	#8258
December 12/1 – 12/15	#9957	#9954

Winter Break Camp

School's out for Winter Break and Ballard Community Center provides the answer for working parents--day camp! Quality care, experienced staff, loads of activities, field trips, and cooking...the same good stuff as the summer camp. You must pre-register 48 hours in advance and fill out immunization and permission slips. Call 684-4093 for more info. Current scholarships apply for current participants and are available for new (please allow lead time to process).

Ages 5 – 11

Location: Captain Ballard Room

Week 1 **\$145**
#11404 M/F 7 a.m. – 6 p.m. 12/18 – 12/22

Week 2 **\$116**
#11405 M/F 7 a.m. – 6 p.m. 12/26 – 12/29

Schools Out Today! (One-Day Camps)

School's out today and you still have to work...what to do with your children... You want quality, they want fun. The solution is Ballard Community Center and a one-day camp! Kindergarten and up. Its free if you are enrolled full-time in Ballard's Before and After School Program, charges apply to all others. You must pre-register 48 hours in advance and fill out immunization and permission slips. Call 684-4093 for more info.

Ages 5 – 11

Location: Captain Ballard Room

#11403 Fri, Oct 13 7 a.m. – 6 p.m.

Enrolled in Both BF & AF \$10

Either BF or AF \$15

Not in BF or AF \$29



Youth Sports

Little Beavers Hoopaholics \$65

Kids ages 8 years and younger get an introduction to the wonderful world of basketball! See more specific age groups at each location. Instructor: Michael Johnson
Ages 6 – 8

Location: Gym

#11396 Sat 9 – 9:55 a.m. 9/23 – 11/18
#11397 Sat 10 – 10:55 a.m. 9/23 – 11/18

Flag Football \$30

Boys (and girls of course) are invited to take part in the Seattle Parks and Recreation Flag Football program. 5 on 5 teams. Volunteer coaches will work on plays and conditioning as teams prepare to compete against other community centers. Players will learn offensive and defensive skills that will enhance their natural abilities. This is a limited contact sport where the focus is on sportsmanship. Volunteer coaches needed.

Location: Outdoor Space

Wednesdays, 9/6 – 11/15 from 3:30 – 5 p.m.

#9456 Ages 6 – 7 #9458 Ages 10 – 11
#9457 Ages 8 – 9 #9459 Ages 12 – 14

Indoor Nerf Soccer \$45

Nerf soccer is a modified soccer game played in the gym. This recreation and instructional program for boys and girls emphasizes fundamental soccer and team skills. We'll practice for a few weeks then enter league play with Loyal Heights and Bitter Lake community centers. Playing age as of August 31, 2006. Coaches needed.

Ages 6 – 8

Location: Gym

#11395 Thu 5:45 – 6:45 p.m. 9/21 – 11/30



Girls Volleyball \$30

Participate in this increasingly popular sport at the Ballard Community Center. Teams will be formed for 10-11 year olds (5th & 6th graders) and 12-13 year olds (7th & 8th graders). Registration begins August 29th with practices starting as teams are formed. Volunteer coaches are needed! If you are interested in coaching and forming a team please call the Ballard Community Center at 684-4093. League play begins the week of Sept. 18.

Location: Gym

Wednesdays, 9/6 – 11/15 from 3:30 – 5 p.m.

#9460 Ages 10 – 11 #9462 Ages 14 – 17
#9461 Ages 12 – 13 #9459 Ages 12 – 14

CUB Basketball \$65

CUB Northwest sector division. Signup at Ballard Community Center, 684-4093.

Location: Gym

Saturdays, 10/7 – 1/20 from 6 – 7 a.m.

Boys Ages 8 – 9 Girls Ages 8 – 9
#11182 #11183

Boys Basketball \$65

Citywide Youth Basketball. Register at Ballard Community Center, 684-4093. Volunteer coaches needed in several age groups.

Location: Gym

Saturdays, 10/7 – 1/20 from 8 – 9 a.m.

#11176 Age 10 #11179 Age 13
#11177 Age 11 #11180 Ages 14 – 15
#11178 Age 12 #11181 Ages 16 – 17

Girls Basketball \$65

Citywide Youth Basketball. Register at Ballard Community Center, 684-4093. Volunteer coaches needed in several age groups.

Location: Gym

Saturdays, 10/7 – 1/20 from 6 – 7 a.m.

#11184 Age 10 #11187 Age 13
#11185 Age 11 #11188 Ages 14 – 15
#11186 Age 12

Dandelion Dance

Creative Ballet

Ages 4 – 5

\$92

Dandelion Dance! Exploring ballet skills and vocabulary through creative dance helps dancers learn more easily and enjoyably. Dance concepts as well as beginning barre and basic ballet technique will be explored.

Students will learn fun dance combinations and gain greater skills to create their own. Students who have wanted to take ballet in a non-competitive environment will enjoy this class.

Parents and friends are invited to come and celebrate our learning on the last day of class.

Instructor: Anne McBroom

No Class 10/21, 11/7, 11/25

Location: Captain Ballard Room

#11246 Sat 10 – 10:55 a.m. 9/23 – 12/9

#11248 Tue 11 – 11:55 a.m. 9/26 – 12/5

Creative Dance

Age 3

\$75

This class is a unique blend of dance and drama taught through the conceptual approach. Children experience the joy of movement while engaging the imagination, learning dance techniques, and enhancing brain development. It is fun and healthy! Through rhyming exercise, movement stories, and dance combinations, children gain confidence in their bodies while expanding their creative choices! Boys as well as girls have enjoyed Teacher Anne's Dandelion Dance classes for many years.

Parents and friends are invited to come and celebrate our learning with us on the last day of class.

Instructor: Anne McBroom

No Class 10/21/06, 11/25/06

Location: Captain Ballard Room

#11254 Sat, 9:15 – 10 a.m. 9/23 – 12/9

Creative Dance for Preschoolers

Age 3

\$75

These classes are a unique blend of dance and drama taught through the conceptual approach. Children experience the joy of movement while engaging the imagination, learning dance techniques, and enhancing brain development. It is fun and healthy! Through rhyming exercise, movement stories, and dance combinations, children gain confidence in their bodies while expanding their creative choices! Boys as well as girls have enjoyed Teacher Anne's Dandelion Dance classes for many years.

Parents and friends are invited to come and celebrate our learning with us on the last day of class.

Instructor: Anne McBroom

No Class 11/7/06

Location: Captain Ballard Room

#11253 Tue, 10 – 10:45 a.m. 9/26 – 12/5

Parent Toddler Creative Dance

Ages 1 – 3

\$92

Dandelion Dance! Experience the joy of dancing with your child while exploring music concepts and learning new skills. Brightly colored props and a wide variety of music and rhythm instruments make for a fun and educational environment. Activities are taught that can be explored at home. Caregivers always welcome!

Instructor: Anne McBroom

No Class 11/7/06

Location: Captain Ballard Room

#11257 Tue, 9 – 9:55 a.m. 9/26 – 12/5



Creative Ballet (6-8yrs)

Ages 6 – 8

\$92

Dandelion Dance! Exploring ballet skills and vocabulary through creative dance helps dancers learn more easily and enjoyably. Dance concepts as well as beginning barre and basic ballet technique will be explored.

Students will learn fun dance combinations and gain greater skills to create their own. Students who have wanted to take ballet in a non-competitive environment will enjoy this class.

Parents and friends are invited to come and celebrate our learning on the last day of class.

Instructor: Anne McBroom

No Class 10/21/06, 11/25/06

Location: Captain Ballard Room

#11249 Sat 11 – 11:55 a.m. 9/23 – 12/9

Ballet

Pre-Ballet

Ages 4 – 6

\$98

Boys and girls experience the joy of dancing while learning basic movement skills and vocabulary including sliding, jumping, turning, and balancing. Beginning ballet concepts are taught through short fun dances and rhythmic games as well as creative assignments. Uniform requirement: Girls: pink tights and pink ballet slippers, leotard and hair pulled into a bun if possible. Boys: black tights and black ballet slippers and a T-shirt.

Instructor: Chloe Davenport

No Class 11/23/06

Location: Captain Ballard Room

#11261 Thu, 3:30 – 4:15 p.m. 9/14 – 12/14

Ballet 1

Ages 5 – 7

\$130

Basic ballet vocabulary is taught and combined into fun, energetic and expressive dances. Traditional ballet barre and center-floor work will be introduced and a creative game will round out the hour.

Dresscode: Children should wear a leotard, footless tights of any color, and have their hair pulled out of their faces.

Instructor: Chloe Davenport

No Class 11/23/06

Location: Captain Ballard Room

#11244 Thu, 4:15 – 5:15 p.m. 9/14 – 12/14

Ballet 2

Ages 7 – 9

\$130

This class is for kids who have had some dance experience and for older beginners. Students will continue to develop skills at the barre and center-work, as well as their expressive abilities through creative/compositional assignments.

Dresscode: Children should wear a leotard and footless tights of any color and have their hair pulled out of their faces. 13 weeks. Child must be class age by Sept 1, 2006

Instructor: Chloe Davenport

No Class 11/23/06

Location: Captain Ballard Room

#11243 Thu, 5:15 – 6:15 p.m. 9/14 – 12/14



Ballet 3

Ages 8 – 12

\$230

This class is for girls and boys who have had two years or more of ballet instruction and/or instructor permission. Students will continue to develop skills at the barre and center-work as well as their expressive abilities through creative/compositional assignments.

Instructor: Chloe Davenport

****This course meets twice a week: Loyal Heights CC on Tuesdays, Ballard CC on Thursdays. This class is a joint class between Loyal Heights CC & Ballard CC.**

No Class 11/23/06

Location: Captain Ballard Room

#11289 Thu 6:15 – 7:15 p.m. 9/14 – 12/14

Activity Fee: \$230

Creative Dance (Ages 3-4)

\$98

Through fantasy and games, boys and girls learn basic movement skills and vocabulary such as hopping, leaping, gliding, and stretching, just to name a few. Children will also be encouraged to work as a team and make individual choices in their expressive movement. Children should wear close fitting clothes with gym or ballet slippers or no-slip socks. Parents and friends are invited to join us for a performance on the last day of class.

Class age by Sept. 1, 2006. 13 weeks. No uniform/costume requirements for this class.

Instructor: Chloe Davenport

No Class 11/23/06

Location: Captain Ballard Room

#11251 Thu, 12:30 – 1:15 p.m. 9/14 – 12/14

Creative Dance – (4-5yrs)

\$98

Ages 4 – 5

Through fantasy and games, boys and girls learn basic movement skills and vocabulary such as hopping, leaping, gliding, and stretching, just to name a few. Children will also be encouraged to work as a team and make individual choices in their expressive movement. Children should wear close fitting clothes with gym or ballet slippers or no-slip socks. Parents and friends are invited to join us for a performance on the last day of class.

Class age by Sept. 1, 2006. 13 weeks. No uniform/costume requirements for this class.

Instructor: Chloe Davenport

No Class 11/23/06

Location: Captain Ballard Room

#11252 Thu, 1:15 – 2 p.m. 9/14 – 12/14

Ballard Teen Crew

Teens in Service: Bread of Life Mission

Volunteer and help to serve dinner to over 80 homeless persons. Service learning hours are available for your school requirements, plus, you'll learn a lot as you serve your fellow humans.

1st and 3rd Thursdays

5 – 9 p.m.

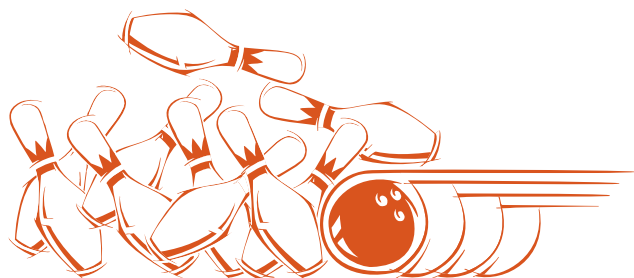
Bowling

\$3

Build up your calluses and your bowling skill and have fun while you do it! Watch Lakema roll yet another perfect game!

Fridays

4 – 6 p.m.



“Wicked!” a Musical

Learning how two young girls became the Wicked Witch of the West and Glinda the Good Witch. This makes for the most spellbinding new musical in years. Only 10 spots available

Wed

Sep 20

6 – 10 p.m.



Service Saturdays

Every 1st and 3rd Saturday we will volunteer at various organizations. A variety of volunteer events and activities will be available to participate in. School service learning hours are available. Some times may vary.

1st and 3rd Saturdays

11 a.m. – 4 p.m.



Sensational Saturdays!!

2nd and 4th Saturdays of the month we'll go to Puyallup Fair, Bullwinkle Family Fun Center, movies, Laser Tag, and skating just to name a few. Join us as we make our Saturdays SENSATIONAL!

2nd and 4th Saturdays

11 a.m. – 4 p.m.

Week Without Violence

Week Without Violence is a yearly celebration of peace, Oct. 15-21 there will be several activities that we will participate in. Some events may include tolerance workshops, and social justice forums. Please see teen calendar for activities, dates and times.

Winter Break Lock In!!

\$25

From 8pm Thursday night to 8am Friday morning we'll play dodgeball, chess and checkers; we'll watch movies, sing karaoke, and hold a 3 on 3 basketball tourney; we'll swim at Ballard Pool; and we'll learn a few things about growing up from guest speakers. Pre-registration required for this popular annual event.

Thursday and Friday

Dec. 21-22

Ballard Teen Crew

Homework Tutor!

Need help with those assignments that are giving you grief? Come get help and ask questions about your assignments.

Mondays & Tuesdays



3:30 – 5 p.m.

Game Drop In

Every Tuesday is game time. Come and play Playstation 2, board games, etc. [Do your homework first]

Tuesdays

3:30 – 5 p.m.

FIT TEENS!

Classes will include fencing, breakdancing, hip-hop, badminton, yoga, self-defense, African dance, and salsa!!

Tuesdays

5 – 8 p.m.



Teen Advisory Council (TAC)

Every 1st and 3rd Wednesday the Ballard CC Teen Council meets and plans special events and our teen program! Participants will fundraise and be able to attend four TAC-only retreats a year!! Some trips include a weekend at ocean shores or anything else we can think up

Wednesdays

4 – 5:30 p.m.

Movie Madness

2nd Wednesday of the month come watch a movie and have popcorn with the crew on the 12 foot big screen !!

2nd Wednesdays



Investigate Skate!!

We will investigate “almost every skate park in the state!” Ice, Roller, hockey...Let's get skatin! Permission slip and liability waiver required to participate on this and all trips.

4th Wednesdays

4 – 7 p.m.

Good Eats!

Every other Thursday we will learn how to prepare and eat foods from all around the world! Some week's guest chefs will teach us new and fun desserts and dishes. Learn how to cook for many with little dollars! Streeetch your money!!

2nd and 4th Thursdays

6 – 8 p.m.

Ballard Book Club (BBC)

Do you like Harry Potter? Like to watch movies? Most movies were books first! Join us as we read a book per month and have treats and discussion at the end of each month.

Thursdays

3:30 – 5 p.m.



4-H Club

4-H Club

4-H has been defined as a community of youth across America learning life skills, leadership and citizenship in a diverse environment. 4-H is offered in cooperation with WSU King County Extension and is open to all youth ages 5 (as of October 1, 2006) through 19. Cooking, sewing, gardening, crafts, environmental stewardship, Know Your Government(county and state) and service learning are a few of the projects we work on.

Seattle Urban 4-H Fair

The Favorite Food activity will be held Wednesday, Aug 23 11:30 a.m. – 2 p.m. 5:30 – 7 p.m. at the Northgate Community Center beginning at 6:00 p.m.

The Seattle/King County Fair will be held, Saturday and Sunday, August 26 and 27 at the Pacific Science Center.

4-H Planning Meeting

Anyone interested in Urban 4-H in Seattle is invited to our fall planning and organizational meeting on Friday, September 26, 6:00 p.m. at Ballard Community Center.

Help us plan the projects to work on for the 2006-2007 program year. Election of Club officers will take place in October.

Fridays

Sep 26

Washington State Youth Cocoa Classic

Sponsored by Hershey's Cocoa. This contest is open to any youth age 8-18 who is a resident of Washington State. Entries must be submitted to the Puyallup Fair Monday, September 4 6 – 8 p.m.. See Elaine at the community center for complete rules and learn about prizes.

Sep 4

City Quest Day for Seattle Pacific University

September 23, 2006: City Quest Day for Seattle Pacific University 10A-3 p.m. Build raised garden beds at Ballard Community Center.

Contact Elaine Dunn at 206-684-4093 if you have any questions.

10 a.m. – 3 p.m.

Sep 23

“Do the Puyallup Fair...It's a Doozy”

September 8, opening day is King County 4-H Day at Puyallup Fair. Let's do it after school. Bring money for food, rides and admission.

Fridays

Sep 8



4-H Clover logo protected under 18 U.S.C. § 707

Northwest District Teen Rally

Northwest District Teen Rally: site and dates to be announced. This rally is for any youth in grades 7 and up and is an opportunity to meet teens from other counties while learning leadership skills.

Service Learning Opportunity

Service Learning Opportunity (or Eagle Scout Project): Help design and build raised beds in 4-H Garden.

Contact Elaine Dunn at 206-684-4093 if you have any questions.

State 4-H Leaders Forum

State 4-H Leaders forum will be held October 20—22 at Campbell Resort on Lake Chelan. This event is open to all 4-H Leaders and Teens.

Registration information is available on the Washington State 4-H web site 4-h.wsu.edu/conferences

Oct 20 – Oct 22

Senior Adults

Northwest Registration Information Classes/Special Events

Carol Baxter, Recreation Specialist
206-233-7138

Fall Quarter Dates: October 2 – December 15

No classes: Fri, Nov 10; Thu, Nov 23; Fri, Nov 24

Class Registrations: Begin September 18 at 9 a.m.
by calling 206-233-7138

All Class Payments: Please Make checks payable
to: *City of Seattle*. Mail to: Senior Adult Programs,
Attn: Carol – NW, 8061 Densmore Ave N, Seattle,
WA 98103-4436.

Northwest Sector Sites

Ballard CC..... 6020 28th Ave NW
Bitter Lake CC..... 13035 Linden Ave N
Carkeek Park ELC..... 950 NW Carkeek Park Rd
Loyal Heights CC..... 2101 NW 77th St
Northgate CC 10510 5th Ave NE

Conditioning with Free Weights \$30 – 1 day/wk

This class is for seniors wanting to get stronger. It will focus on functional strength-using free weights, foam rollers and tubes. Instructor Sheryl Love.

#11013 Tue 9 – 10 a.m. Northgate CC
#11012 Thu 9 – 10 a.m. Northgate CC

Line Dance \$20

Get out on that dance floor and move to the music! Great for the body & soul! No experience partner needed. Instructor Jayla McGill.

#11014 Tue 9 – 10 a.m. Ballard CC

Men and Women's Circuit Training \$25 – 1 day/wk

Gain strength and increase your endurance, all at the same time. Great for overall conditioning and fitness!

Instructor: Laura Quandt

#11015 Tue 9:30 – 10:30 a.m. Loyal Heights CC
#11016 Thu 9:30 – 10:30 a.m. Loyal Heights CC

Instructor: Carol Lorenz

#11017 Thu 1 – 2 p.m. Northgate CC

Aerobics, Fitness, and Dance

Senior Aerobics \$20 – 1 day/wk

Join a friendly, low impact aerobics class that will help energize you. Body strengthening and stretching taught by a certified instructor.

#11022 Mon 9 – 10 a.m. Ballard CC
#11023 Thu 9 – 10 a.m. Bitter Lake CC
#11024 Thu 10:45 – 11:45 a.m. Loyal Heights CC
#11025 Mon 10:45 – 11:45 a.m. Northgate CC

Arthritis Foundation Exercise Program \$30

PACE=People With Arthritis Can Exercise, class includes range of motion, strengthening and much more.

#10924 Tue 9 – 10 a.m. Ballard CC

Body Conditioning \$25

This class is perfect for all fitness levels. Gain strength and greater flexibility. Look and feel better. Use dynabands/free weights/balls for strength conditioning.

#10926 Tue 10:50 – 11:50 a.m. Bitter Lake CC

Walk & Tone \$25

This class includes walking, stretching and strengthening to great music. Have fun while improving your health. Taught by instructor Suzanne Matchett.

#11113 Fri 8:30 – 9:30 a.m. Ballard CC

Tai Chi (Wu Style) \$25

Fall prevention strategies, improved circulation, slow, gentle, short movements. Instructor John Probestel.

#11202 Mon 1 – 2 p.m. Northgate CC

Yoga \$30 – 1 day/wk

Gentle stretching to keep limber and build muscles, improve breathing, and balance. All skill/fitness levels. Instructor Paul Federowicz.

#11026 Tue 10:15 – 11:15 a.m. Northgate CC
#11027 Thu 10:15 – 11:15 a.m. Bitter Lake CC



Senior Adults

Sound Steps Northgate Mall Walk

Free

Get fit, make new friends, and get your shopping errands done all at once! Meet at the food court by Starbucks. To register, call Mari at 684-4664.

Thursdays 9 – 10 a.m. Northgate Mall

Sound Steps Greenwood Walk **Free**

Enjoy a walk around the neighborhood with friends!

Meet at Greenwood Senior Center, 525 N 85th St

Wednesdays 10:30 – 11:30 a.m. Greenwood Sr Ctr

Senior Dance **\$3.50**

Step out to the sound of our band, The Peptones, at our weekly Senior Adult dance! Enjoy good friends, refreshments, fun weekly themes- and of course, DANCING! Lucille Getchell is your lovely hostess who puts on a fabulous dance!

Thursdays 1 – 3 p.m. Bitter Lake CC

Pickleball **\$2 drop-in (Age 65+ \$1)**

Learn this fun game that is played indoors and is a cross between tennis and table tennis. All equipment provided!

Tuesdays 10:30 a.m. – 12:30 p.m. Bitter Lake CC

Tuesdays 11 a.m. – 2:30 p.m. Ballard CC

Wednesdays 12:30 – 2:30 p.m. Loyal Heights CC

Fridays 12:30 – 2:30 p.m. Bitter Lake CC

Movies and Meals

Movie & Lunch **\$5.50/movie Mondays**

Meet other silver screen fans and enjoy a movie with a themed lunch. Pre-registration required, call (206) 233-7138 for information.

Mondays 10:15 a.m. – 1 p.m. Ballard CC

#11019



Mon, Oct 16

The Greatest Game Ever Played

#11020

Mon, Nov 13

The Unsinkable Molly Brown

#11018

Mon, Dec 11

Christmas with the Kranks

Lunch Club

\$4 + meal

Explore the hottest local foods with fun people. Register Sept. 20 at 8 a.m. to reserve your seat (206) 233-7138. There is an automatic 17–20% gratuity on your table's tab. Meet at Ballard CC at 11 a.m. Each trip is \$4 paid in advance.

Tue, Oct 10 Crabpot Restaurant (\$\$)

Tue, Nov 7 Saltie's on Alki

Tue, Dec 12 Red Crane Steak & Sushi at Club Hollywood



Cooking

\$12/class

Join Rosangela in the kitchen to create wonderful recipes that you won't forget. The best part, you get to enjoy your creations for lunch. Please register at (206) 233-7138. Hurry — space is limited.

Squash 101

Learn how to make scrumptious squash ravioli.

Tue, Oct 24 10 a.m. – Noon Northgate CC

Savory & Sweet Dishes with Pumpkin (besides pie)

Get creative with pumpkin, and show off a new recipe to your friends and family this holiday season.

Tue, Nov 21 10 a.m. – Noon Bitter Lake CC

Festive Holiday Drinks

Jazz up a holiday party or family get together with a delicious drink.

Tue, Dec 5 10 a.m. – Noon Northgate CC

Senior Adults

Cards, Games, and Crafts

Beginning Bridge \$30

Beginning Bridge classes are hard to find, so get the word out. Start with the basics and play away. Short classroom instruction, lots of practice. Goal: Bridge addiction and FUN. You don't need a partner.

#10925 Mon 9 – 11 a.m. Bitter Lake CC

Bridge: Sharpen Your Defensive Skills \$30

This duplicate-style class focuses on a limited topic each Quarter with repetition, drills and a textbook to help you along. Past topics have been no-trump, 2-suited hands, slam hands, etc. Bring a lunch.

#10927 Mon 11:30 a.m. – 1:30 p.m. Bitter Lake CC



Open Bridge Free

Party bridge managed by Leo, call (206) 364-4604 if you have questions.

#11021 Thu 1:30 – 4:30 p.m. Bitter Lake CC

Please register for all special events at least one week prior to the event so we can have appropriate seating available.

AARP Driving Class \$10

Save money on your insurance. Sharpen driving skills and compensate for normal age related physical changes. Class is 2 days. **Bring \$10 check made out to AARP on first day.**

Thu, Oct 12 & Fri, Oct 13 9 a.m. – 1 p.m.
Northgate CC

Financial Planning Free

Estate planning specialist provides information about trusts, alternatives to probate, and options for reducing estate taxes. Bring your questions.

Tue, Oct 17 10:30 a.m. – Noon Loyal Heights CC

Almost The Antiques Road Show Free

Pacific Galleries will be here to assist you in discovering if what you have is a treasure or not. Each person is limited to bringing one item to be appraised.

Fri, Oct 27 1 – 3 p.m. Ballard CC

You and Your Diet Free

Do you wonder if you are getting the correct nutrition? A local dietician from Swedish Medical Center will be here to talk about the changing needs of your diet as you age.

Tue, Oct 31 10:15 – 11:30 a.m. Ballard CC

Chess Tournament Free

All ages are welcome. The Fall Inter-generational Chess Tournament will be held at Loyal Heights Community Center (located at 2101 NW 77th). Coffee, punch and treats provided. Bring your chessboard and pieces. Call 233-7138 for further details.

Fri, Nov 17 2:30 – 4:30 p.m. Loyal Heights CC

Thanksgiving Dinner \$10

Enjoy a pre-celebration with friends. Enjoy all the traditional delights that will be served, all you need to bring is your appetite. Must register by Nov. 16th.

Sun, Nov 19 11 a.m. – 1 p.m. Bitter Lake CC



Wreath Making \$5

Deck the halls with bows of holly. Join us as we take fresh cut bows of holly, cedar, and pine to make wreaths or door ornaments to decorate for the holidays.

#11203 Thu, Nov 30 10 a.m. – Noon
Carkeek Park ELC

Holiday Tea \$3

Bring your favorite tea cup with you! We will supply the refreshments and tea.

Thu, Dec 7 1 – 2:30 p.m. Northgate CC



Grand Re-Opening Gala

Sunday, Nov 18

1 – 4 p.m.

11:30 a.m. – 1 p.m.

Free lap swim with massages, blood pressure checks, acupuncture, etc.

1 – 2 p.m.

Free water exercise and hydro fit classes

2 – 3 p.m.

Free public swim with diving demonstrations

Food and Fun.

Come see the new and improved Ballard Pool.

For pool schedule information go to www.seattle.gov/parks or call the community center pool line.

Lifeguard Class

Monday – Thursday

\$125 + Books

Dec 19, 20, 21, 22

Pre test dates: Sunday, Nov 10 at 7 p.m. and Friday, Dec 15 at 8 p.m.

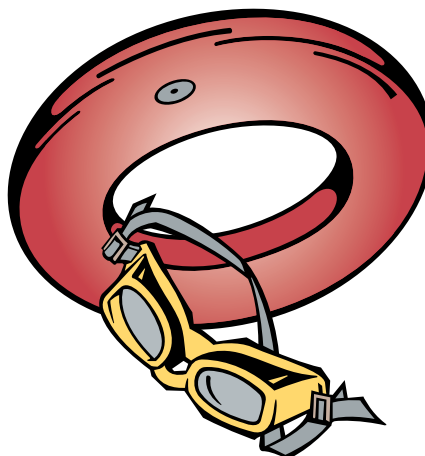


Balloon Swim

Friday, Dec 15

7 – 8 p.m.

Come swim in a pool full of colorful balloons!



RENT THE GOLDEN GARDENS BATHHOUSE!

The remodeled Golden Gardens Bathhouse offers a spectacular waterfront location to host your next special event. Your guests will never forget their experience at this unique venue!

Visualize this scene for your ceremony, reception, seminar, or party: serene forested hillside to the east, and to the west, a beautiful sandy beach, sailboats on Puget Sound, and the sun setting over the Olympic Mountains—just 14 minutes from downtown Seattle!

The historic Golden Gardens Bathhouse, located just west of the Ballard neighborhood, was built in the 1930s and, thanks to the Pro Parks Levy approved by Seattle voters in 2000, renovated in 2004.



Independent heating keeps the bathhouse warm in the winter, and cross ventilations keep it cool in the summer.

The Main Hall comfortably accommodates up to 140 seated guests (although tables will need to get moved before the dancing begins). The bathhouse can accommodate as many as 175 to 220 guests, de-

pending on the event that is planned. The Main Hall features a cathedral ceiling with many skylights that flood the room with natural light.

The Wet Classroom is included in your rental. Caterers often use this smaller room for food preparation because it has a refrigerator, microwave, a three-tub sink, and lots of counter space. For a small additional fee, a small secluded room off the hall can be used for break-out sessions, a dressing room, or as a quiet baby area.

Five sets of French doors open west onto a large sidewalked area facing the beach and the Olympics. The east patio is quiet and cooler on sunny days.

Reasonable rates and friendly staff make this an ideal spot!



Building Features

- Tables (round and rectangular) and ergonomic chairs
- Easels and dry erase boards
- Stage
- Independent temperature control
- TV and VCR

Site Features

- Onsite parking
- Handicap accessible
- Outside deck and viewing areas
- Children's play area
- Beach fire pits & volleyball
- Restored dunes, wetlands, and trails

Rental Rates and Options

Main Hall:

- Approximate hourly rates \$110 – \$150 per hour
- Rooms are rented in minimum two-hour blocks.
- Rental groups are responsible for set-up and take-down.
- Additional charges apply (application fee, staffing, etc.); call 206-684-7254 for a complete quote.

General Information

You can make a difference!

The Ballard Advisory Council is a group of citizens dedicated to the enrichment of our community. Its support enables us to offer a variety of programs and services for people of all ages, abilities and backgrounds.

Our Advisory Council is always looking for new members. Meetings are held at 6:30 p.m. on the first Wednesday of every month to talk about programs, policies, and financial issues. Citizen direction and participation are vital to our continued success. Advisory Council members also create scholarship opportunities through grant writing and other fundraising activities. If you'd like to get involved, please contact our staff at 206-684-4093.

Most classes, workshops, sports, special events, and facility rentals are funded through the Advisory Council rather than through Seattle Parks and Recreation. Revenues generated through program fees offset program costs to make Advisory Council activities self-sustaining. We rely heavily on program participation, donations, and contributions to buy, repair, maintain, and upgrade program equipment and supplies.

Fees and charges

Our Advisory Council provides the programs and activities listed in this brochure under an agreement with Seattle Parks and Recreation. Fees collected by the Advisory Council are used to offset the cost of providing the programs. Program charges include a user fee paid to Seattle Parks and Recreation to defray operating costs. Class and program fees include Washington State sales tax where applicable.

Suggestions

We welcome your ideas. If you want to suggest a new class, or if you have an idea you think would benefit us or our community in general, please let us know.

Interested in teaching?

We're always looking for top quality instructors to offer unique courses. We choose class offerings based on participants' interest and space availability. If you have a special talent, skill, or knowledge you would like to share with others in a class or workshop format, please talk to a member of our staff.

Anti-discrimination

As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of race, color, sex, marital status, sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or the presence of any sensory, mental or physical handicap.

Accommodation for people with disabilities.

We will make reasonable accommodation, upon request, for people with disabilities. For sign language interpretation, auxiliary aids or other accommodation, please call 206-615-0140 or TDD 206-684-4950. Please allow 10 working days' advance notice. If a class or activity is scheduled in an area not accessible for wheelchairs, we will make every effort to help you find a similar program in an accessible location.

Special Populations

For information on programs for youth/adults with disabilities, please call the Specialized Programs Office at 206-684-4950.

Register Online!

In keeping with our environmental stewardship policies, we're trying to reduce the amount of paper we use. We invite you to visit our web site at www.seattle.gov/parks, where you can find our seasonal brochures and register for many of our courses online.

More information

For information about Parks and Recreation facilities, recreation programs, picnic shelters, and scheduling, please visit our web site at www.seattle.gov/parks, or call our Public Information line, 206-684-4075. For more information about programs for senior adults, please call 206-684-4951, and for more information about programs for special populations, please call 206-684-4950.

Waiting lists

We will create waiting lists for all filled classes. Please be sure to sign up if you are interested in a class that is full, because class openings often become available. If demand is high, we will try to form another class. Please contact us for space availability.

Class cancellations

To cover the cost of providing a program, we need a specific number of participants. If too few people sign up for a class, we must cancel it. We'll notify you (at the latest) one or two days before the class start date. When possible, we will postpone a cancelled class for a week to allow for more enrollments; if the class minimum is not met by then, we will have to cancel it.

Confirmations

Sorry, we cannot confirm class registration by mail or phone, but we will notify you by phone if your class is postponed or cancelled.

Seattle Parks And Recreation Program Registration Form

in partnership with the Associated Recreation Council



**SEATTLE PARKS
AND RECREATION**

This form is for non-childcare and non-athletic programs only. Ask recreation staff for those forms as needed.

Registration Procedures:

1. Please complete registration form entirely.
2. Payment **MUST** accompany registration.

Family Information: (Please complete for the adult who is financially responsible for the family account.)

(ADULT) Name:

Last

First

MI

Sex: Male Female

(Circle One)

(ADULT) Birthdate: ____/____/____ Email Address: _____
mm/dd/yyyy

Street Address: _____ City: _____ State: ZIP: _____

Phone - eve: (____) _____ day: (____) _____ other: (____) _____

Family Emergency Contact: _____ (____) _____
Name Phone Relation

☐ **PARTICIPANT** info differs from above. How does it differ? _____

PARTICIPANT (please print full name)	M/F	BIRTHDATE (mm/dd/yyyy)	COURSE TITLE (Non-Day Camp Activities ONLY)	1 ST CHOICE		ALTERNATE		AMOUNT
				DATE(S)	START TIME	DATE(S)	START TIME	
								\$
								\$
								\$
								\$
*Acceptance of this request does not guarantee enrollment into a class (see back for more information).								\$
TOTAL								

How would you like to pay?

Person making payment

(required for proper refunding)

☐ Cash (Please do not send cash through the mail.)

☐ Check or Money Order #

☐ Visa

☐ Mastercard

☐ American Express

Staff Use Only

Authorization (Ref#) _____

**PLEASE INCLUDE
PAYMENT**

Card #: _____ Expires: _____

Name as it appears on card: _____

Signature: _____

ASSUMPTION OF RISK AND RELEASE: I hereby give my consent as a participant or for the above-named participant(s) to participate in the program(s) listed above being conducted or co-sponsored by Seattle Parks and Recreation and declare that I will not hold the City of Seattle, Seattle Parks and Recreation, Seattle Parks and Recreation's employees, Advisory Council, or any volunteer associated with the program, responsible for any injuries, damage or personal loss incurred while participating in said program(s).

Signed: _____ Date: _____

For Office Use Only:

Holiday Pottery Creations **\$75**

Four weeks – just enough holiday season time to make, fire, trim, glaze, and package fantastic creations for loved ones! As a continuing student, imagine the delight when you give a special casserole dish, a monogrammed plate. You will surprise yourself with how much you can accomplish. Oven tempered, microwaveable, and dishwasher safe materials used. Register early to hold your spot. New beginners in this class please.

Ages 13 and older

Location: Pottery Room

#11394 Wed 6:15 – 8:45 p.m. 11/15 – 12/6



Christmas Ship

Join the Seattle Parks and Recreation Department for the annual Argosy Christmas Ship and bonfire program at the Golden Gardens Bathhouse.

The Christmas ship is scheduled to arrive at Golden Gardens about 8:20 p.m. and will depart about 9:10 p.m. Start the evening at 7:30 p.m. with a treat from the Seattle Civic Band. The band will play holiday classics inside the bathhouse until the Christmas Ship arrives.

Light refreshments will be provided by the Ballard Community Center Advisory Council, where volunteers are always welcome.

7:30-8:20 p.m. - Seattle Civic Band

8:20 p.m.-9:00 p.m. - Christmas Ship Show

Dec 14

Holiday Party

Join us at the community center to share in the holiday spirit with fun activities for the entire family.

Live music, singing, arts and crafts, cookie decorating and much more! Take a photo with a famous visitor from the North Pole.

Get in the festive mood and come join us at the Ballard Community Center for an evening filled with merriment and good will!

Call the center for more information or to volunteer.

Age: 10 & under

6 – 8 p.m.

Dec 15

Fees: Free

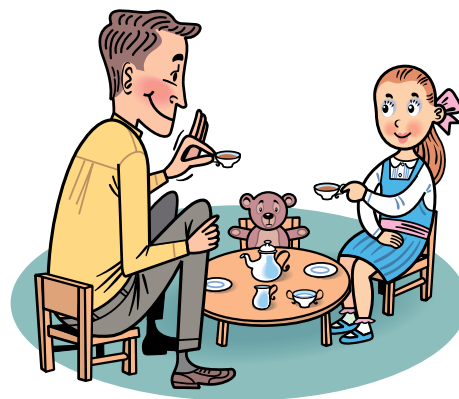
Daddy Daughter Dinner

If you've never attended the Annual Daddy Daughter Dinner, make plans now. Practical age for daughter's first DDD is about seven years old. Oldest daughter to date: 49 years young (we think she lied about it!). Tickets go on sale Mon, Dec 11 at 11 a.m. You can register by phone, 206-684-4093, with credit card. Please indicate "seating with" info.

Ages 7 and older

Location: Ballard CC

#11391	Sat, Feb 3	6 – 9 p.m.
Fee dad/w 1	\$45	Fee dad w/2
Fee dad w/3	\$70	Fee dad w/4
		\$60
		\$80



Ballard Community Center
6020 28th Avenue NW
Seattle WA 98107
206-684-4093

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